



X-Lite & X-Lite Mini Rollator

GM-KR56 & GM-KR5IN

Instruction Manual

Read this manual carefully before using this product

GoldfernMobility™

www.goldfernmobility.co.nz

Welcome!

Thank you for your purchase of our rollator. The advanced lightweight design of the rollator ensures many years of trouble-free mobility.

Please find the following instructions for use and product specifications. Please read this owner's manual before using your rollator. Improper use of the rollator could result in harm or injury. Correct use improves your mobility and quality of life.

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Safety Notice & Caution

- Consult your doctor, therapist or other qualified professional to determine if this rollator will suit your particular needs.
- For proper positioning and use of your Rollator, imagine a line drawn across the back of the Rear Wheels. Part of one foot should always be slightly ahead of that line as you walk.
- This rollator is for individual use only.
- Rollator is designed for indoor & outdoor use.
- Regularly check the brakes for proper operation. Pulling up on the brake handle will slow the rollator. Pushing down on the brake handle will lock the wheels. Pull up on the brake handle to release the brake lock.
- Do NOT use as a wheelchair or transport chair.
- Rollator must be fully opened and in a locked position when being used as a walking aid.
- Wear proper shoes while using this rollator.
- Do NOT sit on the rollator and push yourself around using your feet to propel.
- Do NOT stand on seat.
- Before sitting on seat, be sure the rollator is fully opened, and the brake is in the locked position.
- Do NOT use on stairs or escalators.
- DO NOT sit on the rollator if the ground is sloped or uneven.
- Exercise caution when walking on sloped surfaces.
- Do NOT use if the rollator is not functioning properly.
- Maximum user weight is 136kg for both models.
- When storing/transporting your rollator do not place anything on the rollator, as damage may occur.
- Make sure your fingers are clear of the folding or pinch point, whenever the product is folded or unfolded.
- Surface temperature can increase if left in direct sunlight.

Safety Guidelines

The symbols below are used throughout this owner's manual to identify warnings and important information. It is very important for you to read them and understand them completely.



WARNING! Indicates a hazardous situation that could lead to serious injury or death if it is not avoided.



IMPORTANT! Indicates a hazardous situation that could result in damage to property or rollator if it is not avoided.



CAUTION! Indicates a hazardous situation that could result in minor or slight injury if it is not avoided.

Assembly & User Instructions

1. Remove all Packaging & set out Parts



2. Insert Front & Rear Wheels



Install front and rear wheel sets as shown. Put the wheel set tube into the frame tube and make sure the spring ball has popped out. Do the same for all four wheels.

3. Inserting the Handles



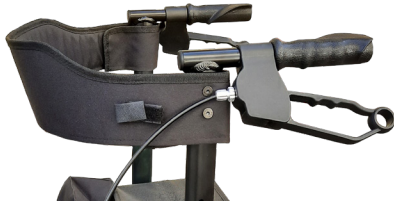
Insert the handles as shown and push down to the required height. Use the tightening knobs provided to secure in place at the desired height.



WARNING!

Never use the rollator with either one or both adjuster knobs not inserted or not inserted correctly.

4. Back Strap



Before using the rollator check that the back strap frame bolts are securely tightened and that the Velcro straps are secure.



WARNING!

Never sit on the rollator seat without making sure the back strap is fixed correctly.

5. Stick Holder



Attached to the rollator is a stick holder. Place your stick into the stick holder as shown and secure stick by using the Velcro strap attached to the back rest.

6. Handle Height Adjustment



To adjust the handle height up or down, undo the tightening knob and adjust the height. Tighten the knob back up making sure the handles are secure and level.



WARNING!

Never use the rollator with either one or both adjuster knobs not inserted or not inserted correctly.

7. Braking



For braking while moving, pull both brake levers upwards with fingers as shown. Always brake slowly and steadily.

8. Locking the Brakes (Parking Position)



Push both brake levers down to apply and lock the brakes while the rollator is stationary.

9. Rollator Bag



Attach the bag to the rollator by placing the bag hoops over the two bag hangers positioned at the front of the seat as shown.

Place the two Velcro bag straps around the rollator frame to secure the lower section of the bag.



CAUTION!

Never overload the bag's 5kg MAX load.

10. Sitting on the Rollator

Before sitting down on the rollator ensure the brakes are in the parking position and make sure the rollator is on an even surface and will not slide or topple over. Sit up straight and never lean backwards.

Do not support your weight on the handle when attempting to sit. Use the handle to stabilize your body as you carefully turn around. Keep your hands on the handles and slowly lower your weight onto the seat.



WARNING!

Never move rollator while seated and never sit more than one person on the seat.



WARNING!

Always apply parking brakes before sitting and only sit on the seat when you are located on a level and firm surface.



WARNING!

Never sit on the rollator seat without making sure the back strap is fixed correctly.



WARNING!

Ensure that all bolts are securely fastened before using this rollator!

Brakes must be in the parked/locked position before sitting on the rollator!

Opening the Rollator



To open the rollator, push down on either side of the cross bars as shown.

You should feel both sides click into position. The seat should be fully flat when unfolded.

Dimensions:	X Lite	X Lite Mini
Seat height	510mm	510mm
Handle height	810-930mm	775-875mm
Between handles	465mm	390mm
Overall width	650mm	560mm
Overall length	735mm	735mm
Overall weight	6.1kg	5.9kg



Folding the Rollator



To fold the rollator, remove the basket (if present). Remove contents of bag (if any). If a tray is fitted, fold it down the front of the rollator. Lift the seat up. Release the plastic safety latch on the sidebar of the main frame.



When folded:	X Lite	X Lite Mini
Overall width	280mm	270mm
Overall length	735mm	735mm

Pull up the strap in the middle of the seat as shown.
Note: As shown, a band is supplied to hold the rollator together in folded position



CAUTION!
Be careful not to trap your fingers when folding up the rollator.

Set up Instructions

Attention: Ensure that all bolts are securely fastened before using this rollator! Brakes must be in the parked/locked position before sitting on the rollator.

Set the handlebars at the required height.

To determine this, stand behind the rollator with shoulders relaxed, arm at your side. The hand grips should be set to a height which is level with the crease of your wrist. Consult your physiotherapist or other qualified healthcare professional for assistance to determine the correct height to set the handlebars. The holes in the frame are hexagonal in shape to accommodate the head of the screw. Place the screw through the aligned holes. Do up the knob ensuring the bolt head is on the inside of the frame.

Check the wheels to ensure they are in working order and roll freely. The brake cables should be flush along the legs of the rollator. Push the cable into the clip at seat level if not already clipped. Ensure excess brake cable loops out the front of the rollator.

If you have a visual, reading or cognitive disability, please contact your local physician for help in demonstrating this rollator and its features.

For information about your warranty, please visit www.goldfernmobility.co.nz/warranty-repairs

Maintenance & Other

Regular Checking

Brakes: Examine daily before each use and make sure brakes are working correctly.

Tyres & Wheels: Examine tyres periodically for wear and make sure they move freely.

Seat: Examine and check regularly for wear.

Bolts: Regularly check all frame bolts are fully tightened.

Cleaning

Your rollator can be cleaned with warm soapy water.

Do not use oil or other chemical solutions to clean your rollator.

Do not use scrub detergents, steam, or high-pressure cleaners.

Storage

The rollator should be stored in an upright position. It can be stored indoors and outdoors. If outdoors, then it should be stored under a waterproof cover.



IMPORTANT!

Do not use strong corrosive cleaners to clean or polish surface. This could damage the rollator.



IMPORTANT!

Store in a dry location.



CAUTION!

Be careful when folding and unfolding the rollator to avoid injury by the mechanism.



WARNING!

Always apply the brakes when in stationary position or when seated on the rollator.



WARNING!

Do not hang bags or other items from the handles - this will add stress to the rollator and could also make it unstable.

Summary

The X-Lite & X-Lite Mini Rollators have been manufactured from high quality materials, aluminum frame, PP, nylon seat, Polyester bag and locking brake. The handles are adjustable in height and the wheeled walker folds easily for transport or storage.

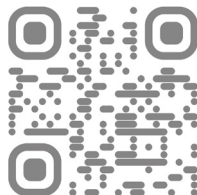
The X-Lite & X-Lite Mini Rollators have been designed to assist the user to walk, rest and carry small items of shopping for both indoor and outdoor use on flat surfaces by a single individual with limited mobility with a maximum weight as shown opposite.

The X-Lite and X-Lite Mini Rollators have been tested according to [ISO 11199-2:2021](#).

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|---------------------------|---------------------------|
| 1. Hand Grip | 6. Handle Tightening Knob |
| 2. Back Rest | 7. Rollator Bag |
| 3. Brake Lever | 8. Stick Holder |
| 4. Seat | 9. Rear Wheels |
| 5. Pull Strap for Folding | 10. Front Wheels |



Goldfern*Mobility*TM



Goldfern Mobility
208 John F Kennedy Drive
Palmerston North
New Zealand

0800 100 971
www.goldfernmobility.co.nz