GoldfernMobility™

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# Pedal Exerciser

## Assembly & User Manual

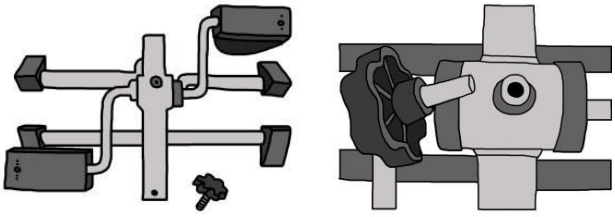
**GM-HMP-S005**

Read manual carefully before use.

# Assembly Instructions

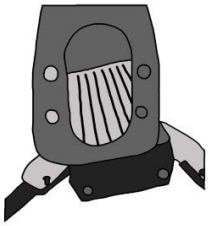
## Setting Up the Pedal Exerciser

The Pedal Exerciser comes mostly pre-assembled, with the exception of the Tension Adjustment Bolt which is packed separately to reduce the box size.



1. After removing all plastic wrapping, insert the Tension Adjustment Bolt into the top of the Pedal Exerciser and lightly tighten.

2. Unfold each of the lower leg sections, ensuring the spring release buttons click into place.



3. The pedal straps have 2 sets of holes. Use these to adjust the length of the strap to fit comfortably around your foot or shoe.

4. Your Pedal Exerciser is now set up and ready for use!

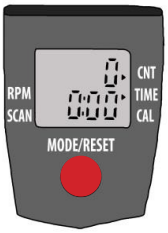
## Packing Away the Pedal Exerciser

1. The spring-release buttons can be pressed in, allowing the lower leg sections to be folded back underneath the the Pedal Exerciser for compact storage.

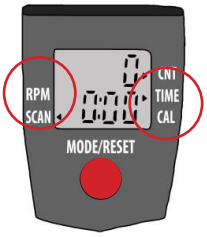
# Operating Guide

### How to Use the Pedal Exerciser

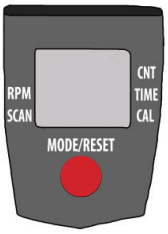
The Pedal Exerciser comes mostly pre-assembled, with the exception of the Tension Adjustment Bolt which is packed separately to reduce the box size.




1. Press the red MODE / RESET button to turn on the screen.




2. Press the MODE /RESET button again to cycle through TIME, CAL and RPM displays and select your preferred method of activity tracking.




3. The Pedal Exerciser will automatically power off if no pedalling is detected for a several minutes.

# Safety & Suitability

As a family-owned and operated New Zealand company, we are committed to delivering quality products that improve daily living with reliability and care.

For your safety and the best performance of this product, the Pedal Exerciser should always be used in accordance with these instructions. If using the Pedal Exerciser for rehabilitation or recovery from injury, we strongly recommend discussion with your healthcare provider prior to use and cannot assume any responsibility for  for any injury or damage resulting from unauthorised or unadvised use.

WARNING!

Take care when unfolding or re-folding the Pedal Exerciser. Keep fingers, feet, and legs clear of any folding parts, inner mechanism, and frame.

WARNING!

Parts of this pedal exerciser, including the pedal shaft near the central housing, may become warm or hot during use.

IMPORTANT!

The Pedal Exerciser is designed for limited or domestic usage, and is not designed for high or commercial usage.

GoldfernMobility™

208 John F Kennedy Drive
Milson, Palmerston North 4414
New Zealand

**0800 100 971**
**hello@goldfernmobility.co.nz**
**www.goldfernmobility.co.nz**