GoldfernMobility™

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# X-Fold Rollator Range

## User Manual & Specifications

**X-Fold Mini** GM-KR5IN | **X-Fold** GM-KR56 | **X-Fold PLUS** GM-KR56W

Read manual carefully before use.

# Welcome!

Thank you for your purchase of a Goldfern Mobility X-Fold Rollator. The advanced, lightweight design of our rollators mean that you can expect many years of trouble-free mobility.

Please find the following instructions for use and product specifications. Please read this owner's manual before using your rollator. Improper use of the rollator could result in harm or injury. Correct use improves your mobility and quality of life.

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# Safety Notice & Caution

- Consult your doctor, therapist or other qualified professional to determine if this rollator will suit your particular needs.
- For proper positioning and use of your Rollator, imagine a line drawn across the back of the Rear Wheels. Part of one foot should always be slightly ahead of that line as you walk.
- This rollator is for individual use only.
- Rollator is designed for indoor & outdoor use.
- Regularly check the brakes for proper operation. Pulling up on the brake handle will slow the rollator. Pushing down on the brake handle will lock the wheels. Pull up on the brake handle to release the brake lock.
- Do NOT use as a wheelchair or transport chair.
- Rollator must be fully opened and in a locked position when being used as a walking aid.
- Wear proper shoes while using this rollator.
- Do NOT sit on the rollator and push yourself around using your feet to propel.
- Do NOT stand on seat.
- Before sitting on seat, be sure the rollator is fully opened, and the brake is in the locked position.
- Do NOT use on stairs or escalators.
- DO NOT sit on the rollator if the ground is sloped or uneven.
- Exercise caution when walking on sloped surfaces.
- Do NOT use if the rollator is not functioning properly.
- Maximum user weight of 136kg for the X-Fold and X-Fold Mini and 180kg for the X-Fold PLUS
- When storing/transporting your rollator do not place anything on the rollator, as damage may occur.
- Make sure your fingers are clear of the folding or pinch point, whenever the product is folded or unfolded.
- Surface temparature can increase if left in direct sunlight.

# Safety Guidelines

The symbols below are used throughout this owner's manual to identify warnings and important information.

It is very important for you to read them and understand them completely.

WARNING! Indicates a hazardous situation that could lead to serious injury or death if it is not avoided.

IMPORTANT! Indicates a hazardous situation that could result in damage to property or rollator if it is not avoided.

CAUTION! Indicates a hazardous situation that could result in minor or slight injury if it is not avoided.

# Assembly & User Instructions

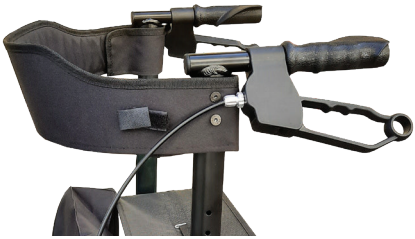
## 1. Remove all Packaging & set out Parts

1. Front Wheels
2. Frame
3. Rear Wheels
4. Rollator Bag
5. Back Rest Strap
6. Handles
7. Seat
8. Band
9. Tightening Knob

## 2. Insert Front & Rear Wheels

Install front and rear wheel sets as shown. Put the wheel set tube into the frame tube and make sure the spring ball has popped out. Do the same for all four wheels.

## 3. Inserting the Handles

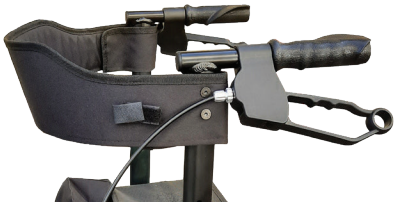


Insert the handles as shown and push down to the required height. Use the tightening knobs provided to secure in place at the desired height.

WARNING!

Never use the rollator with either one or both adjuster knobs not inserted or not inserted correctly.

## 4. Back Strap



Before using the rollator check that the back strap frame bolts are securely tightened and that the Velcro straps are secure.

## 5. Stick Holder

Attached to the rollator is a walking stick holder. Place your stick into the stick holder as shown and secure stick by using the Velcro strap attached to the back rest.

WARNING!

Never sit on the rollator seat without making sure the back strap is fixed correctly.

## 6. Handle Height Adjustment

To adjust the handle height up or down, undo the tightening knob and adjust the height. Tighten the knob back up making sure the handles are secure and level.

## 7. Braking

For braking while moving, pull both brake levers upwards with fingers as shown. Always brake slowly and steadily.

WARNING!

Never use the rollator with either one or both adjuster knobs not inserted or not inserted correctly.

## 8. Locking the Brakes (Parking Position)

Push both brake levers down to apply and lock the brakes while the rollator is stationary.

## 9. Rollator Bag

Attach the bag to the rollator by placing the bag hoops over the two bag hangers positioned at the front of the seat as shown.

Place the two Velcro bag straps around the rollator frame to secure the lower section of the bag.

CAUTION!

Never overload the bag's MAXIMUM LOAD of 5kg.

## 10. Sitting on the Rollator

Before sitting down on the rollator ensure the brakes are in the parking position and make sure the rollator is on an even surface and will not slide or topple over. Sit up straight and never lean backwards.

Do not support your weight on the handle when attempting to sit. Use the handle to stabilize your body as you carefully turn around. Keep your hands on the handles and slowly lower your weight onto the seat.

WARNING!

Never move rollator while seated. Never sit more than one person on the seat.

WARNING!

Always apply parking brakes before sitting and only sit on the seat when you are located on a level and firm surface.

WARNING!

Never sit on the rollator seat without making sure the back strap is fixed correctly.

WARNING!

Ensure that all bolts are securely fastened before using this rollator!

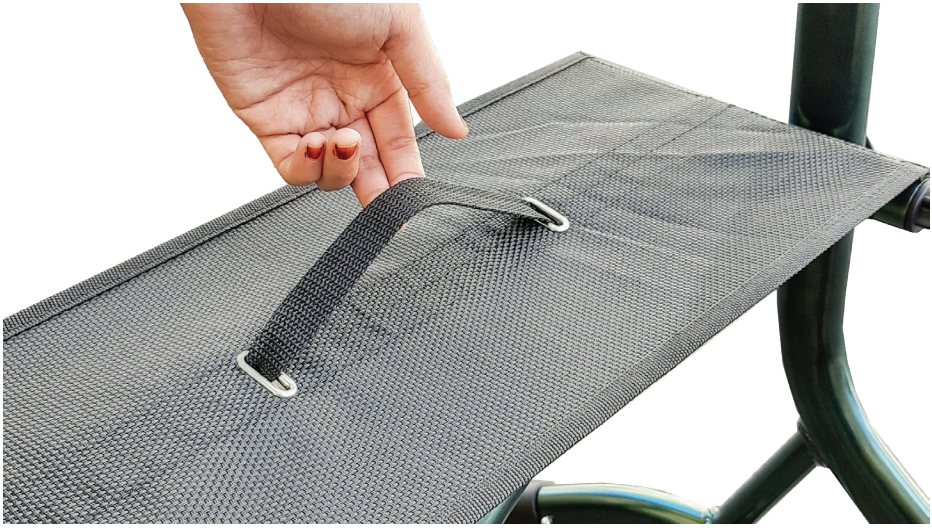
Brakes must be in the parked/locked position before sitting on the rollator!

## Opening the Rollator

To open the rollator, push down on either side of the cross bars in the positions shown.

You should feel both sides click into position. The seat should be fully flat when unfolded.

# Folding the Rollator



Note: As shown, a band is supplied to hold the rollator together in folded position

To fold the rollator, remove the basket (if present). Remove contents of bag (if any). If a tray is fitted, fold it down in front of the rollator. Lift the seat strap up as shown.

Release the plastic safety latch on the sidebar of the main frame.

| When folded: | X-Fold Mini | X-Fold | X-Fold PLUS |
|---|---|---|---|
| Overall width | 270mm | 280mm | 290mm |

CAUTION!

Be careful not to trap your fingers when folding up the rollator.

# Set Up Instructions

Attention: Ensure that all bolts are securely fastened before using this rollator! Brakes must be in the parked/ locked position before sitting on the rollator.

Set the handlebars at the required height.

To determine this, stand behind the rollator with shoulders relaxed, arm at your side. The hand grips should be set to a height which is level with the crease of your wrist. Consult your physiotherapist or other qualified healthcare professional for assistance to determine the correct height to set the handlebars. The holes in the frame are hexagonal in shape to accommodate the head of the screw. Place the screw through the aligned holes. Do up the knob ensuring the bolt head is on the inside of the frame.

Check the wheels to ensure they are in working order and roll freely. The brake cables should be flush along the legs of the rollator. Push the cable into the clip at seat level if not already clipped. Ensure excess brake cable loops out the front of the rollator.

If you have a visual, reading or cognitive disability, please contact your local physician for help in demonstrating this rollator and its features.

For information about your warranty, please visit **www.goldfernmobility.co.nz/warranty-repairs**

# Maintenance & Other

**Regular Checking**

Brakes: Examine daily before each use and make sure brakes are working correctly.

Tyres & Wheels: Examine tyres periodically for wear and make sure they move freely.

Seat: Examine and check regularly for wear.

Bolts: Regularly check all frame bolts are fully tightened.

**Cleaning**

Your rollator can be cleaned with warm soapy water.

Do not use oil or other chemical solutions to clean your rollator.

Do not use scrub detergents, steam, or high-pressure cleaners.

**Storage**

The rollator should be stored in an upright position. It can be stored indoors and outdoors. If outdoors, then it should be stored under a waterproof cover.

IMPORTANT!

Do not use strong corrosive cleaners to clean or polish surface. This could damage the rollator.

IMPORTANT!

Store in a dry location.

CAUTION!

Be careful when folding and unfolding the rollator to avoid inury by the mechanism.

WARNING!

Always apply the brakes when in stationary position or when seated on the rollator.

WARNING!

Do not hang bags or other items from the handles - this will add stress to the rollator and could also make it unstable.

# Summary

The X-Fold Range has been manufactured from high quality materials, aluminum frame, PP, nylon seat, Polyester bag and locking brake. The handles are adjustable in height and the wheeled walker folds easily for transport or storage.

The X-Fold Range has been designed to assist the user to walk, rest and carry small items of shopping for both indoor and outdoor use on flat surfaces, by a single individual with limited mobility within the maximum weight capacity. The X-Fold Range has been tested and approved to **ISO 11199-2:2021.**

1. Hand Grip
2. Back Rest
3. Brake Lever
4. Seat
5. Pull Strap for Folding
6. Handle Tightening Knob
7. Rollator Bag
8. Stick Holder
9. Rear Wheels
10. Front Wheels

On inner frame

## X-Fold GM-TMA-KR56

| Max User Weight | Overall Height | Overall Width | Between Arms | Overall Depth | Net Weight |
|---|---|---|---|---|---|
| 136kg | 810-940mm | 594mm | 465mm | 740mm | 5.85kg |

## X-Fold Mini GM-TMA-KR51N

| Max User Weight | Overall Height | Overall Width | Between Arms | Overall Depth | Net Weight |
|---|---|---|---|---|---|
| 136kg | 780-880mm | 535mm | 380mm | 505mm | 5.65kg |

## X-Fold PLUS GM-TMA-KR56W

| Max User Weight | Overall Height | Overall Width | Between Arms | Overall Depth | Net Weight |
|---|---|---|---|---|---|
| 180kg | 810-935mm | 685mm | 525mm | 740mm | 6.3kg |

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